



DATE

Dear

The Newcastle 85+ Study

Previously you kindly agreed to continue to be part of 'The Newcastle 85+Study' which aims to investigate the health and well-being of people aged over 85 years. I would like to thank you for your valuable support with this study and I hope you have enjoyed the experience so far.

As you are aware, the study is planned to run for several years and involves a member of the research team visiting you to monitor your health over this time.

I am now writing to inform you that the 10 year follow up stage of the study has started. As you have survived to your 95th year, we would like to find out more about the secret of your success, and would very much like to arrange a further interview with you. As before, the visits would take place within your own home at a time to suit you. Each visit would last about 75 minutes and would involve answering some questions about yourself and your health.

Reception: +44 (0)191 208 1100
NBRB General Office: +44 (0)191 208 1102
NBRB Fax: +44 (0)191 208 1101

www.ncl.ac.uk/ihs

The University of Newcastle Upon Tyne trading as Newcastle University
VAT No GB499 6724 70



I have enclosed an information leaflet with this letter to explain this stage of the study in more detail. Please take the time to read this.

I understand that some individuals may have health or memory problems and might feel anxious about taking part in a research project. The team have a lot of experience of working with older people and can adapt the interview to suit your individual needs e.g. with shorter visits and/or a family member or carer can be present at the interview to help or to answer any questions on your behalf.

A member of the research team will telephone you in the very near future to discuss this stage of the study in more detail and to find out whether you would like to take part.

I do hope you will continue to be involved with the Newcastle 85+ Study and I really appreciate all of your help in making the study a success so far.

Yours sincerely,

Dr Rachel Duncan

On behalf of The Newcastle 85+ Study Team

Direct Telephone number: XXXXXXXXXXX

Reception: +44 (0)191 208 1100
NBRB General Office: +44 (0)191 208 1102
NBRB Fax: +44 (0)191 208 1101

www.ncl.ac.uk/ihs

The University of Newcastle Upon Tyne trading as Newcastle University
VAT No GB499 6724 70

